



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1	2	3	4	
			10:00-11:30 Family Video Chats 10:00 Garden Walk (WCC) 1:00 Travel with Me (HCR) 3:00 Bingo (HCR) <small>Canada Day</small>	9:30 Chair Exercise (HCR) 10:00 Ladies Coffee Talk 1:00 Magazines & Manicures 3:00 'I Forgot' Happy Hour "I Forgot Day"	9:30 Sit & Be Fit 10:00-11:30 Family Video Chats 2:30 Patriotic Parfait (HCR) 3:00 Bingo (HCR) 6:00 Friday Night Movie(HCR)- 42	9:00 Lap the Halls (MS) 11:00 4Th of July BBQ (WCC) 1:00 Matinee Movie with snacks HCR)-A League of Their Own <small>Independence Day (US)</small>	
9:30AM Gospel Hymns (WCC) 1:00 Garden Walk (FLB) 2:00 Chick- Flick/ Age of Adeline (HCR) 2:15 1 on 1 Resident time	5	6	7	8	9	10	11
	10:00-11:30 Family Video Chats 10:00 Chair Exercise (WCC) 3:00 Bingo (HCR)	9:30 Group Walks 11:30 Lunch Bunch W/Movie 1:00 Craft/Male with Cooper(UB) 3:00 "Mmm Chocolate" Happy Hour (FLB) "Chocolate Day!"	10:00-11:30 Family Video Chats 10:00 Garden Walk (WCC) 10:30 Ladies Tea (ULB) 1:00 Travel with Me (HCR) 3:00 Bingo (HCR)	9:30 Chair Yoga (WCC) 10:00 Scenic Drive (FLB) 1:00 Magazines & Manicures (HCR) 3:00 Skip Moore Entertainment (YBD)	9:30 Sit & Be Fit 10:00-11:30 Family Video Chats 2:30 Patriotic Parfait (HCR) 3:00 Bingo (HCR) 6:00 Friday Night Movie(HCR)- Hacksaw Ridge	9:30 Lap the Halls (MS) 1:00 Matinee Movie(HCR)- The Day After Tomorrow 3:00 'Make your own Sundae' Bar (FLB)	
8:00AM Fun Bun Breakfast (HCR) 9:30 Gospel Hymns (WCC) 10:00AM Scenic Drive (FLB) 1:00PM Lap the Halls (HCR) 2:00PM Chick-Flick/Mama Mia (HCR) 2:15 1 on 1 resident time	12	13	14	15	16	17	18
	10:00-11:30 Family Video Chats 10:00 Chair Exercise (WCC) 3:00 Bingo (HCR)	9:30 Group Walks 11:30 Lunch Bunch W/Movie 1:00 Craft with Cooper(UB) 3:00 'Mac&Cheese' Happy Hour "Mac & Cheese' Day!"	10:00-11:30 Family Video Chats 10:00 Garden Walks 11:00 Food Demo with Chef Blaine 3:00 Bingo (HCR)	9:30 Tai Chi (HCR) 10:00 Let's Blend it! (UB) 1:00 Magazines & Manicures (HCR) 3:00 Happy Hour (FLB)	9:30 Sit & Be Fit 10:00-11:30 Family Video Chats 2:30 Patriotic Parfait (HCR) 3:00 Bingo (HCR) 6:00 Friday Night Movie(HCR)- This Means War	9:30 Lap the Halls (MS) 1:00 Matinee Movie(HCR)- Casablanca 3:00 Cheers! Cold Beverage (FLB)	
9:30AM Gospel Hymns (WCC) 1:00PM Garden Walk (FLB) 2:00PM Chick-Flick/Poms (HCR) 2:00PM 1 on 1 time with resident	19	20	21	22	23	24	25
	10:00-11:30 Family Video Chats 10:00 Chair Exercise (WCC) 3:00 Bingo (HCR) 6:00 Monday Movie(HCR)- Apollo 13 'Space Exploration Day'	9:30 Group Walks 11:30 Lunch Bunch W/Movie 1:00 Craft/Male with Cooper(UB) 3:00 Lemonade Stand Happy Hour Yellow Day!!!	10:00-11:30 Family Video Chats 10:00 Garden Walk (WCC) 1:30 Resident Council (HCR) 3:00 Bingo (HCR)	9:30 Chair Exercise (WCC) 10:00 Scenic drive (FLB) 1:00 Magazines & Manicures (HCR) 3:00 Happy Hour (FLB)	9:30 Sit & Be Fit 10:00-11:30 Family Video Chats 2:30 Patriotic Parfait (HCR) 3:00 Bingo (HCR) 6:00 Friday Night Movie(HCR)-Dunkirk	9:30 Lap the Halls (MS) 1:00 Matinee Movie(HCR)- Sound of Music 3:00 Relax and Refresh (FLB)	
8:00AM Fun Bun Breakfast (HCR) 9:30 Gospel Hymns (WCC) 10:00AM Scenic Drive (FLB) 1:00PM Lap the Halls (HCR) 2:00PM Chick-Flick-My Big Fat Greek Wedding (HCR) 2:15 1 on 1 resident time	26	27	28	29	30	31	
	10:00-11:30 Family Video Chats 10:00 Chair Exercise (WCC) 3:00 Bingo (HCR)	9:30 Group Walks 11:30 Lunch Bunch W/Movie 1:00 Craft with Cooper-UB 3:00 Skip & Gary Entertainment (TBD)	10:00-11:30 Family Video Chats 10:00 Garden Walk (WCC) 2:00 Bro's, Beer & Wings (HCR) 3:00 Bingo (HCR) 'Wing Day'	9:30 Resistance Training 10:00 Nutrition 101 (UB) 1:00 Magazines & Manicures (HCR) 3:00 Happy Hour (FLB)	9:30 Sit & Be Fit 10:00-11:30 Family Video Chats 2:30 Patriotic Parfait (HCR) 3:00 Bingo (HCR) 6:00 Friday Night Movie(HCR)- Lone Ranger		

The Retreat at Sunny Vista-Holly Brooke Community

(HCR-Activity room) (FLB- Front Lobby Bistro) (WCC-Willow Creek Community) (UB-Upstairs Bistro)