



**THE RETREAT**  
 AT SUNNY VISTA  
 ASSISTED LIVING AND MEMORY SUPPORT

**Menu for the Week of:  
 September 13<sup>th</sup>-September 19<sup>th</sup>**

1	<u>SUNDAY</u> 9/13/2020	<u>MONDAY</u> 9/14/2020	<u>TUESDAY</u> 9/15/2020	<u>WEDNESDAY</u> 9/16/2020	<u>THURSDAY</u> 9/17/2020	<u>FRIDAY</u> 9/18/2020	<u>SATURDAY</u> 9/19/2020
<b>Breakfast</b>	Hot or Cold Cereal Eggs to Order French Toast Casserole Bacon or Sausage	Hot or Cold Cereal Eggs to Order Scrambled Eggs w/ Cheese & Ham Bacon or Sausage	Hot or Cold Cereal Eggs to Order Apple Cinnamon Pancakes Bacon or Sausage	Hot or Cold Cereal Eggs to Order Cheesy Egg Bake Hash browns Bacon or Sausage	Hot or Cold Cereal Eggs to Order Orange Cream Coffee Cake Bacon or Sausage	Hot or Cold Cereal Eggs to Order Biscuit & Sausage Gravy Bacon or Sausage	Hot or Cold Cereal Eggs to Order Sausage/Egg & Cheese Biscuit Bacon or Sausage
<b>Daily Soup</b>	Garden Vegetable	Turkey Wild Rice	Loaded Baked Potato	Beef Noodle	Tomato Pasta Florentine	Chicken & Dumpling	Pepper Pot
<b>Lunch</b>	Roast Turkey w/ Gravy Cornbread Stuffing Creamed Peas Cranberry Sauce	Pulled Pork on a bun Ranch Beans Cowboy Potatoes	Ham and Cheese Sandwich House made chips Coleslaw Watermelon Wedge	Grilled Chicken Breast Pineapple & Pepper Salsa Fiesta Rice & Beans	Roast Beef Mashed Potatoes/Beef Gravy Spinach Peach Delight	Baked Pollock w/ Pesto Sauce Garden Vegetable Rice Pilaf Fresh Vegetable Medley	Hotdog on a bun Baked Beans Potato Salad
<b>Dinner</b>	Patty Melt Onion Rings Cucumbers & Dill	Italian Croissant Parmesan French Fries Fruit Cup	Lasagna Caesar Salad Garlic Toast Butterscotch Dessert	BBQ Meatballs Potato Salad Broccoli Apple Slaw	Asian Chicken Salad w/ Oriental Sesame Dressing Parmesan Roll	Salisbury Steak w/ Mushroom Gravy Garlic Mashed Potatoes Dilled Carrots	Cheeseburgers Lettuce, tomato, pickle Fries 3-Bean Salad
<b>Daily Dessert</b>	Peach Pie Assorted Ice Cream	Chocolate Eclair Dessert Assorted Ice Cream	Butterscotch Dessert Assorted Ice Cream	Banana Cream Pie Assorted Ice Cream	Peach Delight Assorted Ice Cream	Cherry Dump Cake Assorted Ice Cream	Carrot Cake w/ Cream Cheese Frosting Assorted Ice Cream



**Thank you for dining with us!**



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