




**THE RETREAT**  
 AT SUNNY VISTA  
 ASSISTED LIVING AND MEMORY SUPPORT

**Menu for Week 4:  
 March 15<sup>th</sup> – March 21<sup>st</sup> 2020**

4	<u>SUNDAY</u> 3/15	<u>MONDAY</u> 3/16	<u>TUESDAY</u> 3/17	<u>WEDNESDAY</u> 3/18	<u>THURSDAY</u> 3/19	<u>FRIDAY</u> 3/20	<u>SATURDAY</u> 3/21
<b>Breakfast</b>	Hot or Cold Cereal Eggs to Order Breakfast Skillet Bacon or Sausage	Hot or Cold Cereal Hash Brown Potatoes Eggs to Order Bacon or Sausage	Hot or Cold Cereal Eggs to Order Banana Pancakes Bacon or Sausage 	Hot or Cold Cereal Eggs to Order Biscuits & Gravy Bacon or Sausage	Hot or Cold Cereal Eggs to Order Breakfast Sandwich Bacon or Sausage	Hot or Cold Cereal Cereal Eggs to Order Mushroom & Cheddar Scrambled Eggs Bacon or Sausage	Hot or Cold Cereal French Toast Eggs to Order Bacon or Sausage
<b>Daily Soup</b>	Chicken & Hominy	Tomato Florentine	Cream of Spinach	French Onion Soup	Chef's Choice	Chicken Tortilla Soup	Creamy Potato
<b>Lunch</b>	Turkey Tetrazzini Cornbread	Beef Burgundy Parsley Noodles Seasoned Broccoli Biscuits	Corned Beef Seasoned Cabbage Boiled Red Potatoes Cornbread	Dijon Roasted Pork Tenderloin Seasoned Red Potatoes Bermuda Blend Vegetables	Braised Swiss Steak w/Mushroom Gravy Mashed Potatoes California Blend Vegetables	Shrimp Alfredo Penne Noodles Garlic Roasted Asparagus Garlic Breadsticks	Southern Fried Chicken Breast Sandwich w/Swiss Cheese & Bacon French Fries
<b>Dinner</b>	Meatloaf Mashed Potatoes Brown Gravy Green Beans Dinner Roll	Grilled Ham & Cheese Sandwich Waffle Fries Side Salad	Bacon & Swiss Cheeseburger w/Fixings French Fries	Spaghetti w/Meat Sauce Italian Blend Vegetables Bread Stick	Homemade Sliced Assorted Pizza Side Salad	BBQ Pulled Chicken Sandwich Baked Beans Coleslaw	Chili Con Carne Side Salad Cornbread
<b>Daily Dessert</b>	Double Chocolate Cake Assorted Ice Cream	Apple Cinnamon Cake w/ Frosting/Assorted Ice Cream	Chef's Choice Assorted Ice Cream	Bread Pudding Assorted Ice Cream	Key Lime Pie Assorted Ice Cream	Fudge Brownies Assorted Ice Cream	German Chocolate Cake Assorted Ice Cream



**Serving Hours:**  
 Breakfast-7:30am-9am  
 Lunch-11:30am-1:00pm  
 Dinner-4:30pm-6:00pm

*\*Some items may change without notice.*

**Thank you for dining with us!**