

The Retreat at Sunny Vista

November 14th- November 20th

SUNDAY

Bacon and Cheese Omelet
Toast
Fruit

Split Pea Soup
Fried Chicken
Baked Potato
Glazed Carrots
Lemon Cake w/ Whipped
Cream

Split Pea Soup
Rigatoni Beef Bake
Sautéed Squash
Garlic Roll
Lemon Cake w/ Whipped
Cream

MONDAY

Potatoes O' Brian
Scrambled Eggs
Breakfast Ham

Soup and Sandwich
Gourmet Grilled Ham and
Cheese Sandwich
Tomato Bisque Soup
Brownies topped w/ Cream
Cheese

Tomato Bisque Soup
Teriyaki Chicken Stir-Fry
w/ Oriental Vegetables
Over Steamed Jasmine Rice
Brownies topped w/ Cream
Cheese

TUESDAY

Breakfast Sandwich
(Fried Eggs, Bacon, and
Cheese)
Fresh Fruit

Corn Chowder Soup
Baked Citrus Tilapia
Orzo Pilaf
Roasted Brussel Sprouts
Black Forest Cake

Corn Chowder
Seared Pork Chops
Roasted Red Potatoes
Cheesy Cauliflower
Black Forest Cake

WEDNESDAY

Golden Pancakes
Bacon
Fruit

Chili Cook Off !!!
Your Choice of Several Chilis
made By Your Wonderful
Cooks
Served with Cornbread and
Coleslaw
Peaches and Cream

Soup du Jour
Chicken Tender Basket
French Fries
Fruit Salad
Peaches and Cream

THURSDAY

Steak and Eggs
Toast
Fruit

Soup and Sandwich
Hearty Beef, Potato, and
Vegetable Soup
Turkey Club Sandwich
Caramel Cream Pie

Beef and Vegetable Soup
Chicken Alfredo
Green Beans
Garlic Bread
Caramel Cream Pie

FRIDAY

Caramel French Toast
Sausage Link

Cream of Potato Soup
Grilled Salmon over
Caesar Salad
Buttered Roll
Bread Pudding w/ Brown
Sugar Glaze

Cream of Potato Soup
Sloppy Joes Sandwiches
Bistro Chips
Tomato and Cucumber Salad
Bread Pudding w/ Brown
Sugar Glaze

SATURDAY

Bagels w/ Choice of Cream
Cheese
Sausage Link

Soup du Jour
BBQ Chicken
Baked Beans
Fruit Salad
Fresh Baked Cookies

Soup du Jour
Tuna Noodle Casserole
Mixed Veggies
Buttered Roll
Fresh Baked Cookies