

The Retreat at Sunny Vista

October 24th- October 30th

SUNDAY

Egg Bake
Egg, Potatoes, Ham, and ,
Cheese
Toast

Egg Drop Soup
Meatloaf w/ Brown Gravy
Mashed Potatoes
Buttered Corn
Jell-O Poke Cake

Egg Drop Soup
Crispy Tofu Fried Rice
Egg Rolls
Jell-O Poke Cake

MONDAY

Classic French Toast
Crispy Bacon

Soup and Sandwich
Grilled Ham and Cheese
Sandwich
w/ Tomato Soup
Lemon Meringue Pie

Tomato Soup
3 Bean Beef Chili
Coleslaw
Honey Cornbread
Lemon Meringue Pie

TUESDAY

Yogurt Parfait topped w/
Sliced Strawberries and
Granola
Scramble Eggs

Soup du Jour
Lemon Pepper Cod
Orzo Pilaf
Roasted Carrots
Caramel Brownie

Soup du Jour
Beer Brats w/ Sauerkraut
German Potato Salad
Caramel Brownie

WEDNESDAY

Corned Beef Hash
topped w/ Fried Egg
Toast

Chicken Noodle Soup
Roasted Pork w/ Gravy
Mixed Vegetables
Potatoes Au Gratin
Lemon Cake w/ Whipped
Cream

Chicken Noodle Soup
Turkey, Rice, and Broccoli
Casserole
Buttered Roll
Lemon Cake w/ Whipped
Cream

THURSDAY

Mexican Skillet
Bed of Roasted Potatoes
Topped w/ Chorizo and
Scrambled Eggs, Smothered
w/ Green Chili

Pork Tortilla Soup
Supreme Chicken Quesadillas
w/ Salsa and Sour Cream
Spanish Rice
Halloween Desserts

Pork Tortilla Soup
Hot Pastrami and Cheese
Sandwich
Bistro Chips
Halloween Desserts

FRIDAY

Cinnamon Rolls w/ Glaze
Sausage Link
Fresh Fruit

Cream of Broccoli
Hearty Chicken and
Dumplings
Sautéed Seasoned Spinach
Ice Cream Sandwiches

Cream of Broccoli
Parmesan Crusted Tilapia
Roasted Potatoes
Buttered Peas
Ice Cream Sandwiches

SATURDAY

Biscuits and Gravy
Sausage Links

Tomato Basil Soup
Beef Bierocks
Mashed Potatoes
Mixed Vegetables
Pudding Parfaits

Tomato Basil Soup
Ham and Cheese Macaroni
Bake
Carrot Raisin Salad
Dinner Roll
Pudding Parfaits