



From the Garden

Choice of Dressing- Ranch, Italian, Bleu Cheese, Raspberry Vinaigrette, Balsamic Vinaigrette

Pikes Peak Salad

GF V Mixed Greens with cucumbers, tomatoes, carrots and red cabbage

Wedge Salad

GF V Ice Berg Wedge topped with Bacon, Bleu Cheese Crumbles and Tomatoes

Fall Delight Salad

GF V Mixed Greens with cranberries, shredded carrots, red cabbage, butternut squash, toasted walnuts, bleu cheese with a maple balsamic vinaigrette
Add Grilled Shrimp or Grilled Chicken

Sandwich Station

Chicken Club Wrap

Grilled chicken, bacon, lettuce, tomato with a garlic aioli in a whole-wheat tortilla

2450 BLT

GF Applewood Bacon with lettuce, tomato and mayo served on choice of bread

Classic Deli Sandwich

GF V Egg, chicken or tuna salad on your choice of bread

Side Items

French fries, sweet potato fries, homemade potato chips, cottage cheese, seasonal vegetable, seasonal fruit



THE RETREAT
AT SUNNY VISTA
ASSISTED LIVING AND MEMORY SUPPORT

From the Grill

Classic Grilled Cheese

- Ⓜ️ ✓ Your choice of cheddar, American, provolone or Swiss cheese on choice of bread
Add bacon, tomato, shaved ham

The Retreat Burger

- Ⓜ️ ✓ One-third pound all beef burger, turkey burger or veggie burger with lettuce, tomato, onion and pickle with choice of cheddar, Swiss, provolone, American or bleu cheese
Add bacon

Turkey Cranberry Melt

- Ⓜ️ ❤️ Turkey with a cranberry compote, red onion and melted provolone cheese on choice of bread

Chef's Creations

Catch of the Day

- ✓ ❤️ Fish that changes out daily

Vegetarian Penne

- ✓ 🏠 ❤️ Whole grain penne pasta tossed with roasted garlic, cherry tomatoes, artichoke hearts, olives
Add grilled chicken or grilled shrimp

Grilled Pork Chop w/ an Apple Chutney

- ❤️ Grilled center cut pork chop topped with an apple chutney

Grilled Ribeye Steak

Seasoned grilled ribeye with sautéed onions and mushrooms.

Side Items

French fries, sweet potato fries, homemade potato chips, cottage cheese, seasonal vegetable, seasonal fruit